

4-H Skill Level Checklist

Name: _____

Year first enrolled in 4-H sewing: _____

Skill Levels: When you have mastered the following, please mark with an X. There is space to add additional techniques and skills you learn while in sewing.

Skill Level 1			
Mastered	Technique/Skill	Mastered	Technique/Skill
	Selecting a pattern & material		Reading a pattern
	Fabric preparation & care		Cutting out a pattern
	Marking the fabric pieces		Learning to use sewing machine; threading, bobbin winding, reverse
	Stitching even seams		Identify sewing notions and use
	Casings		Hand sewing buttons & snaps
	Grading; clipping; notching		Stay stitching
	Machine hem		Basic pressing and ironing
	Simple sleeves		Basic machine hem
Skill Level 2			
Mastered	Technique/Skill	Mastered	Technique/Skill
	Understanding grain lines & fabric content		Seam finishes; zigzag, straight stitch
	Gathering		Darts; points
	Crotch construction		Application of a zipper
	Using interfacings, facings		Waistband construction
	Setting in a collar		Simple shortening/lengthening of a pattern
	Set in sleeves		Stitch-in-the-ditch
	Machine buttonholes		Pockets; yokes
	Blind hem by machine and/or hand		Trims; embellishment

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